

## **TUWILA YARA**

Tuwila Yara offers a safe and culturally respectful space for Young Aboriginal fellas to:

- Talk about what's going on in their lives.
- Learn ways to manage emotions and stress.
- Build stronger, healthier relationships.
- Understand the impacts of violence and how to choose a different path.
- Reconnect with culture, strength, and identity.

## WE ARE HERE TO WALK ALONGSIDE YOU.

For Young Aboriginal fellas (12-18 years old)

Are you feeling overwhelmed, angry, or struggling in your relationships at home or with someone you care about?

## How to participate:

1:1 service to young Aboriginal fellas for up to 6 months at a time.

Give KWY a call to discuss 08 8377 7822 or complete a referral form online at www.kwy.org.au

## Locations:

Metropolitan Adelaide.